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CONCEPTS  
IN  
EMERGENCY  
CARE

# EMS

## SKILLSHEETS

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# INTRODUCTION

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**EMS SKILLSHEETS** include 111 skillsheets that cover all the major skills in the EMT and paramedic courses. These skillsheets are intended for use as a part of an instructional program. The steps given for each skill are those which are nationally accepted. However, you may need to modify some sheets to comply with local protocols. The skillsheets are designed to be photocopied.

**EMS SKILLSHEETS** may be used in the following ways:

1. *As student handouts.* Skillsheets can be given to students for demonstration, review and self-evaluation.
2. *As evaluation tools to determine a student's skill proficiency.* Instructors may use a skillsheet to evaluate a student's performance as the skill is being done. This evaluation can then be given to the student and used for discussion and remediation.
3. *For practical skills testing.* Skillsheets can be used by instructors and other evaluators when testing students. These skillsheets provide a consistent standard for evaluating student performance.

Each skillsheet has a *yes/no* column to check off the completion of each step. On the right side of the sheet is a column for comments and notes. There are also check off boxes to note how well students communicate with patients and other responders.

*Note: The steps essential for performing each skill are listed in a logical sequence. However, some skills may be performed by altering the sequence of the steps. You may decide how much leeway in the sequence of steps is permissible for each skill.*

# BODY SUBSTANCE ISOLATION

SKILLSHEET **1**

yes no

## **General Guidelines**

1. Wash hands before and after patient contact.
2. Do not use linens or disposable items on more than one patient.
3. Properly dispose of items not designed for multiple use as soon as possible after use.
4. Maintain all equipment in a clean and sanitary condition.

## **Patient Handling**

1. Use disposable gloves for any contact with body substances such as feces, urine, blood, open sores, etc.
2. Use face mask/shield for projected respiratory secretions (e.g., persistent cough) and patients with skin rash and fever.
3. Wear gown for patients contaminated with potentially infectious material or for the possibility of splash from body fluids.

(Use additional protection as situation and protocols dictate.)

## **Additional Considerations**

1. Note all persons having contact with the patient.
2. If the possibility exists of a significant exposure to a patient's body fluid/substances, report such, using appropriate forms; notify receiving facility and your service's exposure control officer.
3. Dispose of items not intended for multiple patient use according to service/facility guidelines.
4. Clean, decontaminate, and/or disinfect patient care equipment and compartment affected by patient contact according to service guidelines.

comments:

communicates well:

- with patient(s)  
 with other responder(s)

name:  
evaluator:  
date: